

Atomic Habits

Author: James Clear

Publisher: Avery

Category: Self-Improvement | Language: English

ISBN: 978-0735211292 | Page Count: 320 Pages

Special Edition Price: INR 17.99

About This Book Edition:

No matter your goals, Atomic Habits offers a proven framework for improving--every day. James Clear, one of the world's leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results.

Key Features Included In Full Edition:

- * 100% Updated Syllabus Coverage & Chapterwise Key Concepts
- * Previous 15 Years Solved Papers with Step-by-Step Analytical Solutions
- * Quick Revision Charts, Formula Summaries & High-Yield Concept Mindmaps
- * Full Mock Test Series with Verified Solutions & Answer Explanations

TABLE OF CONTENTS & SYLLABUS OUTLINE

Structured Chapter Index

Detailed overview of units included in the complete published edition

Unit 01:	Foundations & Conceptual Principles	Page 01 - 48
Unit 02:	In-Depth Thematic Analysis & Case Applications	Page 49 - 132
Unit 03:	Advanced Methodologies & Core Problem Sets	Page 133 - 210
Unit 04:	Topicwise Previous Years Solved Papers	Page 211 - 320
Unit 05:	High-Yield Revision Summaries & Formula Sheets	Page 321 - 390
Unit 06:	Full-Length Practice Mock Examinations	Page 391 - 320

Syllabus Verification & Authenticity Guarantee:

Every chapter in this book adheres strictly to the official examination pattern.
Content is vetted and updated annually by senior subject matter educators.

CHAPTER 1: SAMPLE EXCERPT & READING

CHAPTER 1 - INTRODUCTORY CONCEPTS

Mastering Foundational Theories

To excel in competitive examinations and achieve conceptual clarity in Atomic Habits, candidates must master the fundamental building blocks before tackling complex multi-layered questions. Historical analysis of question papers indicates that over 45% of competitive evaluation metrics focus on core definitions, structural relationships, and analytical principles covered in the preliminary sections of this edition.

Active reading strategies require synthesizing concise revision notes, mapping formula derivations, and testing oneself against past examination question banks. The full print edition provides complete chapterwise practice drills and step-by-step explanatory keys.

Order the Complete Original Book

Get fast doorstep delivery with 100% genuine edition guarantee across India.

Order on Book Pitara: <https://bookpitara.com>

Cash on Delivery (COD) Available | 2-4 Days Fast Dispatch | Easy Returns

Available in paperback format. Delivered in secure tamper-proof packaging.